



PROGRAMME OF THE TRAINING CALLED

DIALOGICAL MIND GOES BEYOND ANY TECHNIQUE (ADVANCED COUNSELING TRAINING)

I. First part of the training

Contents:

Day one

1. Learning process
 - 1.1 Main principles of the training
 - 1.2 Principles of learning process
 - 1.3 Learning atmosphere
2. Introduction of the trainers organization of the training
3. Participants expectation and needs – mutual reflection
4. Introduction of the training and its organization
5. Connection of mind, body and emotions in connection to the learning process

Day two

6. Constructivist and postmodern counselling
7. Inner State and constructivist counselling
8. Working with emotions in the practice of counsellors

Day three

9. SocioDynamic Counselling
10. Inner State dimensions –
 - 10.1 Introduction of the concept
 - 10.2 Individual Radar of my Inner State
11. How do I plan my learning process
 - 11.1 My learning diary

Organizational matters:

- Each day 8 hours
- Total amount: 24 hours

On line meetings of the participants and the trainers between first and second part of the training

Content:

12. Sharing experience among participants and trainers

Organizational matters:

- Duration 1 hour
- Zoom platform or any other relevant online tool

Second on line meeting of participants and the trainers

13. Sharing experience among participants and trainers – how I work on my Inner State

Organizational matters:

- Duration 1 hour
- Zoom platform or any other relevant online tool



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Second part of the training

Contents:

Day one

14. Dialogue sensu David Bohm
15. Mental models and self-reflection
16. PSI theory
 - 16.1 Introduction of the PSI theory
 - 16.2 Object recognition

Day two

17. Working with emotions and feelings
18. Somatogram in the practise of counsellors
19. PSI theory
 - 19.1 Extension memory
 - 19.2 How to use PSI theory for my self *development*

Day three

20. Language as a tool for counsellor
21. Language patterns and mental models

Organizational matters:

- Each day 8 hours
- Total amount: 24 hours

First on line meeting of participants and the trainers between second and third part of the training

Content:

22. Self evaluation tools

Organizational matters:

- Duration 1 hour
- Zoom platform or any other relevant online tool

Second on line meeting of participants and the trainers between second and third part of the training

23. Staying in touch with each other and the content

Organizational matters:

- Duration 1 hour
- Zoom platform or any other relevant online tool



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Third part of the training

Contents:

Day one

24. PSI theory and self
25. Self and language
26. Synchronization of inner state
27. PSI theory (intention memory and intuitive behaviour control)

Day two

28. Ambiguity in the counselling
29. Inner Dialogue: "Conflict communication"
30. Dilemma in counselling

Day three

31. Competencies regarding Inner State – individual reflection, mutual sharing and discussion
32. Positive psychology in practice of counsellors
33. PSI Theory in connection to SocioDynamic Counselling

Organizational matters:

- Each day 8 hours
- Total amount: 24 hours

On line meeting of participants and the trainers between third and fourth part of the training

Content:

34. Language patterns in the practise of counsellors – mutual sharing

Organizational matters:

- Duration 1 hour
- Zoom platform or any other relevant online tool

Second on line meeting of participants and the trainers between second and third part of the training

35. Connection between the contents of the training – mutual discussion

Organizational matters:

- Duration 1 hour
- Zoom platform or any other relevant online tool



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Fourth part of the training

Contents:

Day one

- 36. Vulnerability in counselling
- 37. Comfort Zone in Counselling

Day two

- 38. Sociological aspects and Inner State
- 39. Sociological aspects and SocioDynamic Conselling
- 40. Language as a tool for synchronization

Day three

- 41. Individual reflection of participants development
- 42. Evaluation of the training

Organizational matters:

- Each day 8 hours
- Total amount: 24 hours